

Get involved with the Autism Society

Local Support Efforts

The Autism Society of Texas supports families through multiple monthly face-to-face meetings, regular recreational activities, sensory-friendly movie screenings, and several online tools. No matter how you like to get to know others who live and work with autism, we can help you connect. Check out the, "Calendar" section of our website to see what is coming.

Resource Guide

The Autism Society of Texas has compiled a comprehensive directory of service providers of all types. Please contact the office if you would like a copy for reference or if you would like to add your business to the listing. We use this resource to offer free information and referrals state wide.

Help us Grow

Whether you would like to volunteer at a family event, plan a fundraiser, assist with administrative tasks, or make a financial donation, we need your help. The Autism Society is a lean operation that depends on the generosity of Texans. Please consider sharing your time, talent, or energy with us.

Annual Bike Ride and Fun Run

Held during National Autism Awareness Month, this event celebrates awareness and acceptance. We expect 600 cyclists and several hundred friends, family members and volunteers.

All proceeds raised during the event are used to provide support to children and adults with autism in Texas. www.autismbikeride.org

Email info@texasautismsociety.org for more information about events.



San Antonio Walk in the Park

This fun family event happens in the Fall in San Antonio.

Film Festival

This event takes place in the Fall in Austin, Texas.

Contact Us



info@texasautismsociety.org

512.479.4199

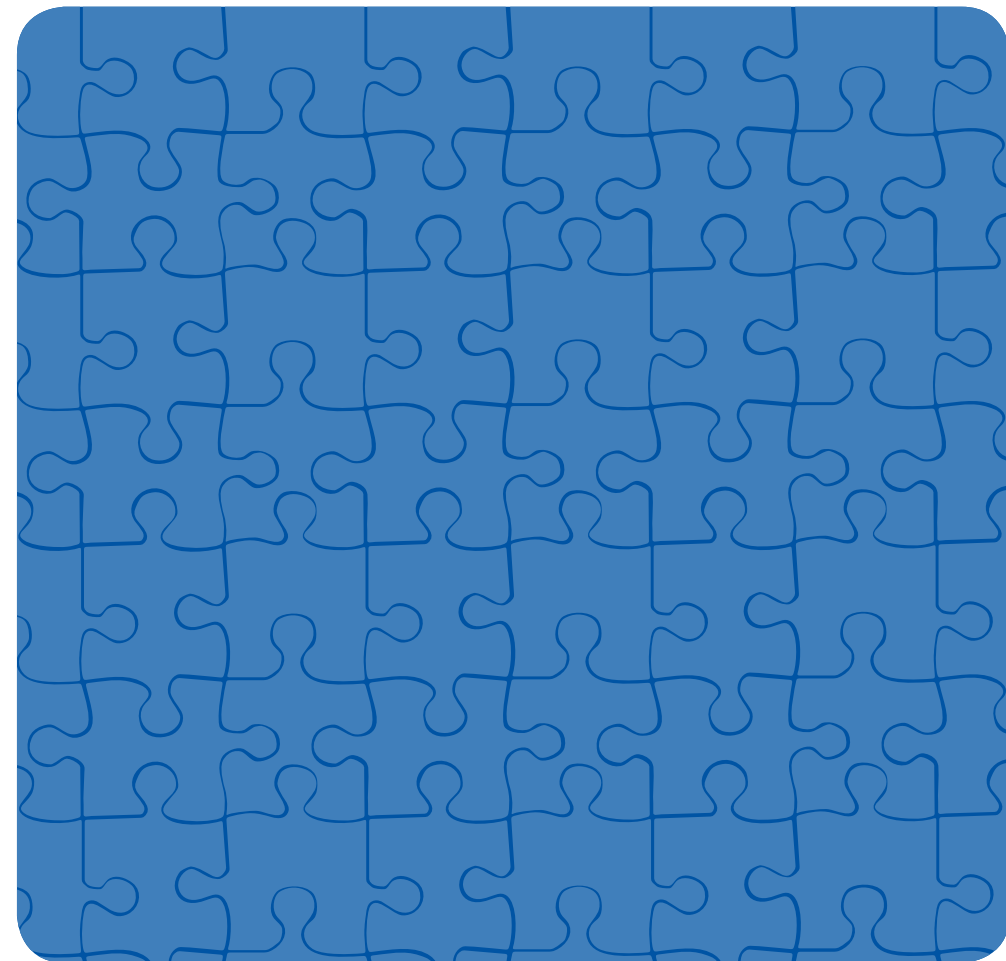
Facebook: facebook.com/AutismSocietyofTexas

Yahoo Group: groups.yahoo.com/neo/groups/AutismSocietyCentralTexas

www.texasautismsociety.org

Twitter: @autismatx

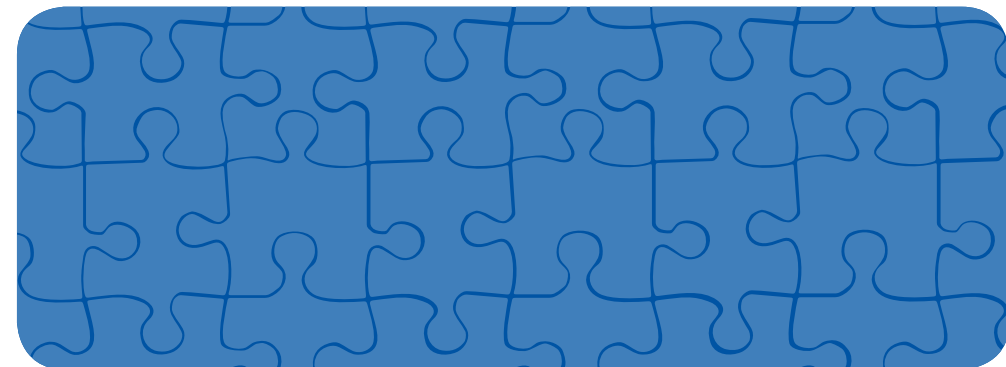
Instagram: @autismtx



 **AUTISM SOCIETY**
Improving the Lives of All Affected by Autism

Central Texas Counties

Texas



What is Autism?

Autism spectrum disorder is a complex developmental disability that typically appears during the first three years of life and affects a person's ability to communicate and interact with others. It is defined by a certain set of behaviors and is a "spectrum disorder" that affects individuals differently and to varying degrees. There is no known single cause of autism, but increased awareness and funding can help families today.

What are some of the signs?

- Lack of or delay in spoken language
- Lack of interest in peer relationships
- Repetitive use of language and/or motor mannerisms (e.g., hand-flapping, twirling objects)
- Lack of spontaneous or make-believe play
- Little or no eye contact
- Persistent fixation on parts of objects

About Us

The Autism Society of Texas is an affiliate of the Autism Society of America. We strive to improve the lives of people with autism by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy. With the increase in prevalence of autism, the requests for help from our local organization have also increased dramatically. The Autism Society responds to hundreds of inquiries from all over Texas every year about diagnosis, treatment, biomedical interventions, educational options, and local resources.

Support Groups

We have many different support groups all over central Texas including one online, one for siblings and one directed at adults with autism.

To find a group near you, check the website or email Caroline at caroline@texasautismsociety.org

Just for Adults

- Free Information and Referrals
- Free monthly support and social skills groups
- Free monthly recreation outings
- Hunter Hinze Grant
- Access- Austin: employment program. For more info email Zak at zak@texasautismsociety.org

Information and Referrals

At the Autism Society of Texas, we aim to help the community bridge the gap in finding resources. Any family member, professional, individual on the spectrum, or person wanting to know more can call our office and get help finding resources. Inquiries range from questions about where to get diagnosed to end of life questions. With each call, we offer support, suggestions, and referrals.

Brown Bag Learning Lunch

Free trainings monthly on a wide range of topics.

Watch from home on Facebook live or come into our office.

Miscellaneous Activities/Events

YMCA Friday's in Motion, CrossFit for All, KidsActing Collaboration, Teen Social Group, Annual Pool Party, Austin Special Needs Recreation Events, Texas Rowing for All collaboration