

## Wearing a Face Mask

There is an illness called coronavirus. Some people who get coronavirus feel really sick. Other people may have the coronavirus germs and not even know they have it!

It's important to make sure I don't get other people's germs. It's also important to protect other people from my germs.

I may wear a mask when I go to the doctor's office, on a walk, or to the grocery store.



The mask will cover my nose and mouth so that if I cough or sneeze, other people don't get my germs. It protects me from germs that may be in the air, too.



Wearing a mask may feel uncomfortable. It's expected to wear it until an adult tells me I can take it off.

I can still breathe and talk while I wear a face mask.



Wearing a mask keeps everyone safe!