



HOW WE HELP

The Autism Society of Texas (AST) creates connections, empowering everyone in the Autism community with the resources needed to live fully.

REGIONAL SUPPORT & SOCIAL GROUPS

AST offers virtual as well as face-to-face connection groups & social activities across Texas which provide opportunities for individuals with Autism, parents, caregivers, & professionals the chance to make connections, share information & stories, & compare notes.



NAVIGATING AUTISM PROGRAM

Our trained Navigating Autism Specialists provide individualized guidance & support to Texas families & Autistic adults by connecting them to resources & referrals across the state.

512•479•4199, Eng: Ext. 2, Esp: Ext. 3 | support@texasautismsociety.org

HUNTER HINZE FUND

The Hunter Hinze Fund grant helps Autistic adults in Texas live their dreams as well as maximize their potential by funding services & supports that promote autonomy, skill development, & self-sufficiency.



LOCAL, STATE, & FEDERAL ADVOCACY

The Autism Society of Texas is active in advocating on behalf of Texans living with Autism. We continue to work with legislators and staff to identify key policy areas that impact children and adults with Autism.

ONLINE RESOURCES & EDUCATIONAL TOOLS

AST provides multiple online training tools, FAQ toolkits about important Autism topics, & an extensive list of resources for Autistic adults as well as families. Some of our virtual learning opportunities include our Autism Friendly Business Training program, Seminars Across the Spectrum & AUTonomy Series, & our Autism Advocacy Training.

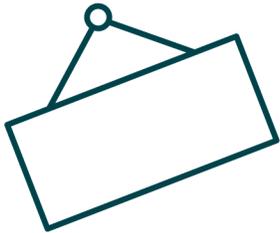


AUTISM 411



WHAT IS AUTISM?

Autism is a developmental disability that impacts communication, behavior, and social development across the lifespan. Autism is a “spectrum disorder” meaning it looks different in different people. It impacts both males and females of all races. The incidence of Autism has increased to approximately 1 in every 31 births, per the Centers for Disease Control and Prevention.



WHAT ARE SOME OF THE SIGNS?

Individuals with Autism sometimes have delayed or unusual language; difficulty making eye contact or holding a conversation; difficulty with executive functioning, which relates to reasoning and planning; narrow, intense interests; poor motor skills and a variety of sensory issues. A person on the spectrum might have all of these issues, or just a few, in greatly varying severity. The diagnosis of Autism Spectrum Disorder is applied based on analysis of all behaviors and their severity.

GET INVOLVED

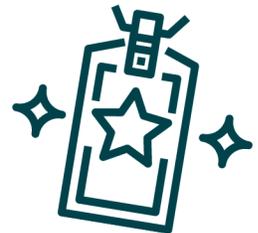
ATTEND AN AST EVENT

Join our annual Texas Autism Walk in Austin or from anywhere! Look out for our Autism-Friendly Holiday parties, or view our online education or advocacy events! Check our website calendar for a complete list of groups & events around Texas.



SUPPORT US

Through volunteering, fundraisers, participating in an event, or making a donation, you help us provide assistance to the Autism community.



BECOME A MEMBER

Be a part of empowering the Autism community by becoming a member. Visit our website for details under "Get Involved"!



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TexasAutismSociety.org

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