

Sal Silinonte Bio

After years of testing and receiving a variety of mental and behavioral health services throughout my childhood, I became fascinated with psychology and with the idea of helping people like me who didn't quite fit the mold. Once I earned my undergraduate degree in psychology from Stony Brook University, I moved on to study applied behavior analysis (ABA) in graduate school. It was during this time that I finally learned (25 years after my initial misdiagnosis) that I'm autistic. The revelation helped me to direct my passion for helping others into doing everything I can for my community; especially if it means being able to help the next generation of kids on the spectrum. In addition to working as a pediatric behavior therapist while I am in the final stages of earning a graduate degree in ABA, I'm an administrator for an online support group for autistic adults, and I also proudly serve on the Autistic Adult Advisory Panel as liaison to the board of directors. It is my hope that sharing the panel's insights into the neurodivergent point of view will aid the Autism Society of Texas in their endeavor to best serve the autistic community.